



Happy and safe boating

# MLAC Bulletin

*"Respect the Past - Create the Future"*

APRIL 2018

## NEXT OUTING

**28 April**

**At**

**Korsman's**

**Club catered**

**SPIT ROAST**

## UPCOMING EVENTS

**26 May: Mungo  
Brush**

**23 June: Tamboi**

**28 July: Shore based**

**8 Sept: AGM**

**13 Oct: Engels**

**17 Nov: Korsmans**

*Myall Lakes Aquatic Club*  
ABN: 88 396 838 568

WEBSITE:  
[www.mlac.org.au](http://www.mlac.org.au)

COMMODORE:  
Rod Blanch  
[commodore@mlac.org.au](mailto:commodore@mlac.org.au)

SECRETARY:  
Linda McIntosh  
[secretary@mlac.org.au](mailto:secretary@mlac.org.au)

## Tait's

30 March 2018

Myall Lakes Aquatic Club's Easter outing and annual fish and chips cook up took place at Tait's with 9 boats in attendance, including day trippers.

They were Bob, Gunna, Independence, Lazy Days, No Way, Riptide, River Gypsy, Saber II and Toy Ship.

The weather was beautiful and the waters of the lake pleasantly warm but refreshing.

The "prawn" was unpacked, our small marquee erected and oil vats, burners and cooking essentials were set out in preparation.



*Some members enjoying  
an easy walk after lunch*



*Tony, checking to see if anyone  
is at home at Tait's house*

After lunch, Mac and Linda led a group of energetic members on a nearby walk. Due to the recent rains, the grass and bracken along the track was tall and healthy.

Linda had bag in hand ready to pick some bush pears for the evening's dessert, but, alas, the trees were bare. A few brave members tasted some small red fruit with the theory being that they were quandong or perhaps bush tomatoes.

Surprisingly, they were also quoting the warning that in bush tucker survival guides, "red" means danger! Luckily, in this case, no-one suffered any adverse reaction to their bush walk snacking.

Our walk took us past the dilapidated cottage which once belonged to the Tait family, then across to the shores of Boolambayte Lake. We back tracked a little before continuing on to the Freshwater camping area, which was busy with many families enjoying the Easter break and fine weather.

# Interesting facts

**Easter**, with bunnies, baby chicks, and eggs amidst the resurrection of Jesus Christ - what do they have to do with each other?

A brief history of Easter tells us that the name "Easter" comes from the Anglo-Saxon, Eostre, the name of the goddess of spring. Bunnies are symbols of fertility, while eggs were seen as pagan symbols of death and life.

## Why do we eat fish on Good Friday?

Catholics traditionally fast on Good Friday, eating one full meal and two small snacks.

Good Friday is also a day to abstain from meat in honour of Jesus' sacrifice, which is why many will eat a fish supper.

## Hot Cross Buns: Why do we eat them at Easter...

The short answer is – we don't know but we like them! One theory suggests that the hot cross buns originated in the 14th century in the city St Albans in Hertfordshire.



*Once back at camp, a well-earned swim and paddle were on the agenda.*



*Tony Woodfield address the MLAC group "huddle"*

MLAC members were very appreciative of Tony Woodfield, RMS Boating Safety Officer, for making the time to address our group during our regular 4 o'clock "huddle". Everyone listened intently as Tony, not only updated the group on recent events in our area, but also thanked MLAC for their continued assistance in helping to keep our waterways safe for all boat users. He encouraged us to continue to assist by being his eyes and ears on the River and Lake.



*During the huddle, Commodore Rod welcomed our new members, Tony and Christine Preston, and their boat River Gypsy*



*Another beautiful sunset over Myall Lakes*

As the sun set on another glorious day on the Lake, MLAC members tucked into a great feed of Good Friday fish and chips.

Thank you to all members who came, enjoyed and supported the club's Easter outing and we look forward to seeing everyone for a spit roast at Korsman's next month.